

SAQ

SPEED

AGILITY

QUICKNESS

Dear Fellside Parents,

This term we have been running an SAQ club which has been a great success, next term the club will be offered to year 2, starting Monday 9th May and finishing Monday 18th July.

The course aims to develop overall sporting ability by teaching functional skills which allows the children to improve reaction time, multi directional movement & co-ordination which also has long term benefits for health, fitness and in the classroom. Plus they play fun games to improve communication and promote team building.

The club will run from 3.20pm to 4.20pm on a Monday split for 8 weeks. The cost of the club is £3 per session therefore for the 8 weeks the cost will be £24.

If your child would like to attend then please fill in the form below, and return it to the school.

Kind Regards

Ross Temple
07771 346 815

Kensho Extended Schools Services

My child would like to attend the Fellside SAQ club.

Name -

Age -

Emergency Contact number -

Any relevant medical information/requirements:

Please find enclosed £24 cash/cheque. (Please make cheques payable to Lee Lamb)